SCHOOL NEWS
Week 1 – 9 October 2014
Term 4 value: Integrity

Social skill weeks 1 & 2
Preschool & Kinder: Waiting your turn
Children in the classroom and on the playground, need to wait their turn. To help develop skill in this area, children are told to say “It's hard to wait, but I can do it.” Choose:
• wait quietly
• do something else
• do it.

Yrs1-6: Playing fairly
Fair players get to play more games. Children discuss things to do such as: commenting on others players’ good moves, waiting, getting started and paying attention, timing, following rules, accepting ‘bad luck’.

Things to avoid might be:
• playing when it is not your turn
• mucking around
• taking too long
• cheating.
• grizzling about bad luck.

Calendar of events
October
Thu 9  Kinder 2015 transition (session 1) 9.15am Whole School Assembly
Mon 13  School Photographs (1)
Tue 14  Preschool 2015 orientation (parents) 6pm
Wed 15  NSW PSSA Athletics Carnival Homebush Zoo excursion 3/4H P&C meeting, Library 7pm
Thu 16  NSW PSSA Athletics Carnival Homebush Assembly – KB, 3/4M
Fri 17  School Photographs (2) Peer support begins
Mon 20  Greater Sydney Public Speaking semi finals
Wed 22  Kinder transition (session 2) 9.15am
Sat 25  Cake stall

Term 4
Welcome back to school, after what was hopefully a refreshing break. You will need your strength to manage a very busy Term 4 which is 11 weeks long. It includes camps for stages 2 and 3, excursions galore, end of year reporting, and many activities and programs including carols night, picnics, presentation day assemblies and organising for a new year.

We hope you can join us for some of the fun.

School photographs
Photo day is next Monday October 13 or Friday October 17 (Preschool group).
Information about school photos has been sent out to all students. Please complete information and return to your child’s class teacher as soon as possible.

Please remember that students are to be in OGPS summer uniform for photos.

Uniform store has moved!
The uniform store has now relocated from one end of Block D to the other. It's easy to find – first door off the old carpark, entry under the shadecloth. Call in and get your summer uniform order.

Welcome to our 2015 Kinder families
It was lovely to have our new families with us at school today. We wish you a long and happy association with Orange Grove Public School, and hope your child had an exciting morning!

Preschool 2015
Don’t forget there is an information meeting in the Preschool for all parents of children who have accepted a preschool place for 2015. Bring along all your documents if we do not yet have them.
GOT Game Term 4
The GOT game program has now changed to the Term 4 organisation, where students in Years 3–6 rejoin for balance, rhythm and movement skill development.

If your child is Yrs 3–6, and your initial payment was for Term 1 only, you will need to make your Term 4 payment. Go online and make your payment! If you are not sure, just check with the office staff.

Mental Health Week 2014
It’s Mental Health Week! 5–11 October. World Mental Health Day is marked every year on the same date: 10 October.

Mental Health Week aims to activate, educate and engage Australians about mental health through a week of events including an official launch, community festivals, art exhibitions, music, theatre and seminars.

From its beginnings in 1985, the week has grown to encompass hundreds of events and a multitude of individuals, community groups and service providers throughout the state.

So, this week – think about it. What are you doing for YOUR mental health?

Some websites that may be of use:
Orygen Youth Health http://oyh.org.au/
Beyond Blue http://www.beyondblue.org.au/
Headspace http://www.headspace.org.au/
Reach Out http://au.reachout.com/

Tricks for encouraging kids to read
Is your child a reluctant reader? Why not try helping them find the book that goes with a movie or DVD they’ve enjoyed, or are about to see. Encouraging your child to read can help them to build their imagination as well as giving them a better vocabulary. Kids who read different types of books develop a wide range of language skills and are better placed to understand different types of texts as they progress into high school.

School A to Z has lots of tips and ideas on encouraging your child to read, at http://bit.ly/HLPmB9

How much water does your child really need?
Staying hydrated is even more important during the warmer months. Every part of your body needs water to work properly and dehydration can lead to painful kidney stones. Many people don’t feel thirsty until they are already dehydrated, so packing a drink bottle with your child’s school lunch is a good reminder for them to drink during the day. Sports drinks and juices are popular with kids, but they often contain a lot of sugar.

To find out the recommended daily intake of water for your child’s age at http://bit.ly/ZjwUJo

Private tutoring
Are you thinking about a private tutor to complement your child’s education? School A to Z explores questions about what to look for in a tutor, what you would want your child to achieve and tips on what to ask a potential tutor. http://bit.ly/K5aczo

Leaving your child at home alone
At some point it will be necessary to leave your child home alone for a short period of time. There is no actual law in Australia that states what age a child can be left alone, but parents are legally responsible for their child’s safety and wellbeing.

You may be nervous the first few times (although most kids are excited about the independence) so making some clear ‘home alone’ rules with your child gives them an understanding of their boundaries and how to stay safe.

Read more here: http://bit.ly/1u5vTa9

10 tips to help you stay mentally healthy
Reach out and help others
See the funny side of life
Learn something new
Catch up with friends
Have an early night
Organise your day
Ask for some help
Take time out
Go for a walk
Eat healthy
Team sports – more than health benefits

As well as helping kids stay fit and healthy, team sports help them learn that things don’t go their way all the time and that they need to respect their peers. Sports also help children and teens with resilience, how to respond to setbacks and loads more benefits discussed here: http://bit.ly/HlgxVO

Helping Hands Orange Grove School Community Survey

$100 gift voucher to be won

To assist us in providing an OSHC program that meets both your and your child’s individual requirements, we would appreciate if you could please take a couple of minutes to complete this survey.

Please include your name and contact details to be eligible to go into the draw to win a $100 grocery voucher. (One survey per family).

Follow this link to complete the survey online: https://www.surveymonkey.com/s/M7VTFZM or email accounts@helpinghandsnetwork.com.au to get a copy emailed to you.

Orange Grove After School Auskick

Date commences:
Tuesday 28th of October
(Program runs for 6 weeks)

Date ends: Finishes on the 2nd of December

Time: 3.15pm -4.15pm

Cost: Online $47/$50 Cash or Cheque

Children will learn the skills of AFL and receive an awesome backpack jammed full of gear!
Growing School Communities

Thanks to all our wonderful volunteers for keeping our garden looking beautiful over the break, and also to Helping Hands Vacation Care for stepping in when we needed a little extra help on those hot days!

This term KM, KB, 3/4H and 3/4B are participating in the structured classes in the garden. Today we explored the four major parts of plants and discussed the fact that whether it’s a tree or a sprig of parsley, they all have the same parts, much like people.

Some students also had the opportunity to explore leaf shapes and how plants might be categorised into “families” and how different cultures throughout history have done this.

We also learnt that Borage is the “Rock Star” of the Edible garden. It not only attracts beneficial insects, it repels pests! It also adds trace minerals to the soil. And you can eat it - and it tastes like cucumber, as many of our students will attest.

Even Mr Barbuto tried it...

We also learnt that carrots are the roots of plants - and why they are orange. It’s a long story involving European Royalty and the House of Orange. You can ask one of our 3/4 students, or go to this link! http://www.todayifoundout.com/index.php/2010/04/carrots-used-to-be-purple-before-the-17th-century/

We are looking forward to a really lovely Term 4 in the Garden, please feel free to stop by and take a moment to enjoy our lovely space, everyone is welcome. And, if you have any ideas or want to help, it would be very much appreciated.

If you are interested in helping out please contact Scuba on 0401 096 843 or ogps.garden@gmail.com
Canteen news

This was the first week this year that the canteen could not open on a scheduled day – Tuesday was a blank day for volunteers... and it could be a problem again! End-of-year burnout is starting to hit our core group of hard-working volunteers! We need 3 or 4 people each day that the canteen is open... if you can help any Monday or Tuesday this term please email Meredyth at ogpscanteen@gmail.com and give up 90 minutes of your day to make lunches and sell icy poles! You only need to do 1 or 2 days this term – and you'll enjoy it so much you'll be begging for more shifts next year!

Tuesdays and Fridays in the Canteen will be pizza day... all freshly made by the canteen volunteers.

Pizzas must be ordered for lunch – they will not be sold as walk-up items.

- Junior – tomato base/cheese $2.50
- Garden – tomato base/cheese/capsicum/mushroom $3.00
- Italian – tomato base/cheese/pepperoni $3.00
- Tropical – tomato base/cheese/ham/pineapple $3.00

In term 4 we will have sandwiches and sausage rolls on Mondays, sandwiches and pizzas on Tuesdays, pasta and meatball subs on Thursdays, sushi and pizzas on Fridays. And $1.50 cheese toasties every day that the canteen is open!

Uniform store

Are you getting everything ready to change over to the Summer uniform but you can't find the uniform store? Go to Block D – the 3/4 classroom area – and you'll find the uniform store tucked into the neat corner that looks like a carport!

Open Monday 2.50–3.30pm, Wednesday 8.40–9.10am.

The first P+C meeting of term 4 will be held in the school library at 7pm on Wednesday 15 October. There will be a brief 5-minute discussion on NAPLAN results for those that are interested!

There will also be a discussion about 2015 fundraising – if you would like to get involved with planning the new year cocktail party... or trivia night... or movie night... or any of the other roles that fundraising plays, please come along to the meeting and find out exactly how you can get involved and what you can do.

If you have any fundraising ideas – this is your opportunity to be heard!

The term 4 Cake Stall is not going to raise funds for our school... it is devoted to the Rozelle Fire Appeal. All of us have walked/rode/driven to Rozelle shops too many times to mention... for coffee, newspapers, bread, fruit, haircuts, eggs, cakes, art supplies, sausages, clothes... Rozelle is part of our Lilyfield neighbourhood and our local shops too – so we would like to give the Fire Appeal our cake stall takings.

The Cake Stall is on Saturday 25 October, please email Pia Raynard if you’d like to help on the stall: pia-raynard@bigpond.com

Keep an eye out for the Cake Stall posters and bake a cake for Rozelle!

The Car Boot Sale is a big fundraiser for our school – and it is on Saturday 15 November. Start going through your 'stuff' now and clean it up/set it aside for the Car Boot Sale... there is someone out there who wants your old stuff, and there is old stuff out there that you don’t even know you need yet but you will want it when you are wandering around the Car Boot Sale on 15 November!

For more details call or text Suzy Perryman on 0402 893 505. $30 gets school community members a prime position!
Orange Grove, let’s all Bake a Cake for Rozelle!

CAKE STALL: SATURDAY 25 OCTOBER

BAKE: It is time to bake... cakes, cookies, slices, tarts... sweet, savoury, gooey, crunchy, healthy, decadent, delicious!

BOX: Cake boxes and trays available from the P+C table on Thursday 16 October, Friday 24 October, or from the canteen

BRING: Your baking can be dropped off at the P+C table on the morning of Friday 24 October, to the school canteen on the afternoon of Friday 24 October, or deliver direct to the market stall on Saturday 25 October

Don’t forget to label your goodies with the ingredients!

HELP: If you can spare some time to help out on the cake stall on Saturday 25 October shifts are available between 7-9am, 9-11am, 11-1pm... or any time in between!

Contact Pia Raynard 0411 325 442 (pia-raynard@bigpond.com) or Di Webber (dwebber@stalestreet.com)

All funds from the Orange Grove Public School term 4 Cake Stall will be donated to the Rozelle Fire Appeal - a relief fund with money used to support those affected during the crisis and for the recovery of the Rozelle community. Leichhardt Council in conjunction with the Rozelle Neighbourhood Centre will distribute all funds; recipients include the next of kin of Chris Noble and mother and son Blanka and Jude O’Brien, who lived above the convenience store.

Residents and business owners whose properties have been rendered uninhabitable or significantly damaged as a direct result of the fire will also receive financial assistance when funds are divided.

A working party has been set up within the not-for-profit Neighbourhood Centre on Darling St to oversee the management and disbursement of the funds.