Social skill weeks 7&8

Preschool & Kinder: Asking someone to play
Children often find it difficult to join into games, or ask others to join with them. This week children will practise these steps:
• decide if you want to
• decide who
• ask

Years 1–6: Including others
Including others makes everyone feel good. Children will practise these ‘do’s’:
• if you refuse to let people join your games you hurt their feelings
• look around and see if anyone looks as though they would like to be a part of the game. They might show this by asking or just standing nearby
• smile and say something like “Why don’t you play too” in a friendly voice
• find ways to make the game adapt to allow another person to play or take turns.

Don’t:
• ignore people who would like to be included in your game or look lonely
• think that your group of friends will be wrecked if you invite someone else to join your games sometimes.

Calendar of events

November
Mon 24 Fence replacement
Wed 26 Yr 6 Games Day
Thu 27 2015 leaders campaign begins assembly KM, 3/4H
Fri 28 Stage 2 picnic
Sun 30 Rozelle Street Fair

Yr 6 Games Day
Bring along some coins (20c, 50c, $1 up to total value of $5) to spend at Games Day next week Wednesday 26 November.

Games Day is organised and run by Stage 3 students to support Yr 6 raising funds to purchase a gift for the school. Please help them and have fun doing it!

End of year activities
Don’t forget to add the end of year event dates to your calendar so you don’t double book at this busy time of year.

December
Mon 1 Start Smart talks
2015 leaders campaign begins
Wed 3 Yr 6 High school Orientation Day
Thu 4 Canteen Healthy Lunch Day
Assembly: whole school – captains speeches
Fri 5 Preschool Blue concert
Parent volunteer breakfast
Tue 9 Preschool green concert
Wed 10 9.30am Recognition ceremony SSC Leichhardt 5.30pm Picnic and carols
Thu 11 Preschool blue Christmas Party
Assembly: whole school
Fri 12 Preschool blue last day
K-6 Parsley Bay excursion
Mon 15 Yr 6 Farewell, K–2, 3–6 Dance
Tue 16 Preschool green party
Wed 17 Preschool closed
Last day 2014 students K–6

Term dates
Parents are reminded that the last day of the 2014 school year for students K–6 will be Wednesday 17 December. The last day for preschool will be Tuesday 16 December. Staff will be attending a School Development day on Thursday 18 December.

OSHC is available on Thursday 18 and Friday 19 December, and will reopen for vacation care from 5 January.
Talk with us – Parent meeting
Monday 1 December, 7–8.30pm, Block A hall
As well as surveys, we would like to meet with you face to face and ask you questions about what sort of school you would like OGPS to be in 5–10 years time.
It’s the time to think BIG PICTURE! This will drive our 2015-2017 school strategic planning, and keep us future focused.
If you are available, come and talk to group leaders who would like to ask you about anything and everything, and see what we all think, so we have a common vision.

Not Getting the newsletter?
Newsletters are now distributed by School ENews.
To download the app:
1. iPhone and iPad: Open the app store on your device, search for “enews”
Android: Open the play store on your device, search for “enews”
2. After School Enews has downloaded, open the app and search for your school.

Kids, homework and lies
Do you think your child is lying about their homework?
Listen to psychologist Anne Hollonds chat with James O’Loghlin on what to do when the dog eats the homework.

Maths at home
Kids’ early experiences with measurement are often based on watching their parents. Seeing mum or dad measure and pour ingredients for a recipe or weigh items at the fruit shop will often become part of their play.

Do you eat breakfast?
One in 4 children in Australia skip breakfast. By skipping the most important meal of the day, a hungry child is more likely to choose unhealthy foods to fill themselves and they lack the concentration and energy to participate in class activities and physical activities.

By eating a healthy and fulfilling breakfast, this promotes healthier eating habits and improves involvement in school activities. Breakfast is a great time to satisfy the healthy daily intake of fruits, vegetables, grains, lean meats and dairy.

Asthma – what is it?
Asthma is a common condition of the airways which affects many children. Some symptoms are; wheezing, coughing, chest tightness, shortness of breath.

During spring, the allergens in the air can trigger these symptoms, as can colds, exercise and other air pollutants. Orange Grove PS is an asthma friendly school. Please let your child’s teacher know if your child is asthmatic, so health care plans are up to date.

Antibiotic Awareness Week
This is a global initiative running from 17–23 November 2014, designed to encourage the community to learn more about antibiotic resistance. The World Health Organisation has flagged antibiotic resistance as one of the greatest threats to human health, and are looking to reduce inappropriate use of antibiotics within Australia. Only SOME bugs need antibiotics.

Growing School Communities
This week's lessons in the garden were all about mulch, with students learning about a variety of different mulches and the important role they play in productive, healthy kitchen gardens.

We learned that:
• soil, like all living things, needs 'shelter' and 'protection' as well as air, water and food
• we protect our soil with mulch
• mulch helps to feed creatures that live in the soil.

The vegetable beds and fruit trees are now well mulched in preparation for what's shaping up to be a long, hot summer.
Thank you to TAFE trainees Umah and Jason who conducted the mulching lessons this week and also got stuck in and cleaned up the shed.

Junior Garden Club
This week we planted out some radish and silverbeet seedlings grown from seed by various OGPS classes this term! Many of the seeds failed to germinate, while some of the seedlings dried out on recent hot and windy days. But the survivors have been planted and will hopefully provide us with some nice radishes and leafy greens in coming weeks.

Senior Harvest Club
The senior harvest group was diminished in numbers last week due to the Stage 2 camp, but Oliver and Ms Keane enlisted some help from some keen green thumbs and we managed to get the garden watered ahead of the heatwave and even harvested some impressive greens and herbs. Some of the herbs ended up on mini pizzas sold by the canteen at lunchtime.
5/6 M has been writing step-by-step procedures for their own cardboard and Lego constructions.
Canteen Healthy Lunch Day
Thursday 4 December

Don’t bring any lunch to school on Thursday 4 December!
The OGPS Canteen is FEEDING the whole school FOR FREE! But there is a catch – you have to make your own lunch from our Healthy Lunch Buffet.

Every child from Kindergarten – Year 6 will be handed a plate, and they will then serve themselves from our smorgasbord of healthy food! Flat bread/rolls/multigrain bread... butter/avocado/hommus/cheese... lettuce/celery/cucumber/tomato... Lebanese-style chicken/ham/tuna/meatballs... and more! All food is supplied by our school garden/canteen volunteers/sponsors and it is all absolutely FREE for every child (K–6) at OGPS! There will even be a dessert option with healthy, home-made brownies and muffins! We’ll also have gluten-free bread available.

It will be once around the buffet for each class, and lunch will be at staggered times so that nobody misses out.

If you’d like to help with the preparation (chopping/dicing/slicing etc.) or to assist with serving the younger students please email Meredyth at ogpscanteen@gmail.com

Volunteers greatly appreciated any time between 11am – 2pm.

Thursday 4 December will be the Canteen Healthy Lunch Day only – the canteen will not open for normal orders/service.

Dates to remember in Term 4
Rozelle Village Fair – Saturday 30 November

Fundraising 2015: a message from our outgoing 2014 Vice-President, Leanne Granger

What is proposed? It is proposed (subject to whole P+C approval at the first P+C meeting for 2015) that the key fundraising and school community events for next year will be:

• welcome cocktail event in February
• trivia night in June
• family movie night in October.

In addition, the usual fundraising initiatives will continue: car boot sale, cake stall, footy parking and the usual community events - Mothers’ and Fathers’ Day breakfast.

What we need? We need team leaders and teams to “own” some of these events. In particular, we need an enthusiastic person to take on the trivia night in June, and also someone to coordinate footy parking. And they will need lots of people to form their teams.

So if you are interested in being a team leader for either of these events please email orangegrovepc@gmail.com.

If you want to be part of any particular fundraising team, please email orangegrovepc@gmail.com.

Sponsorship Coordinator

It is also proposed that we appoint a sponsorship coordinator to be the fundraising face of OGPS P+C within the community.

We need a keen person to kick things off now. This role will include:
• revising official letter/sponsorship terms & conditions
• contacting current sponsors
• approaching potential new sponsors
• collating and keeping a register of donations
• working with event teams throughout the year.

If you are interested, email orangegrovepc@gmail.com

We would also like to hear your thoughts on what the P+C fundraising goals/targets for 2015 should be?

Do you have a view or an idea about what the P+C should be raising funds for?

We look forward to hearing from many of you and to working with you to make 2015 a great year on the fundraising and events front.
Dear parents

Children in years 2-5 now have the opportunity to join the Orange Grove Primary School training band for 2015.

The instruments available to play in the band are: Flute, Clarinet, Alto Saxophone, Oboe, French Horn, Trumpet, Trombone, Baritone, Bass Guitar, drums and keyboard.

No experience is required for most instruments, just lots of enthusiasm! If you would like to play keyboard you do require at least one year of experience and lessons.

To find out more about joining our band program please visit our website: www.musicpartnership.com.au
The password for the Orange Grove schools page is “orange”

To sign up for band fill out our online enrolment form and we will get in touch with you! Click below on the link to enrol now! http://musicpartnership.com.au/band-program-2015-enrolment-form/

If you have any questions and can’t see the answers on our website, please email us: info@musicpartnership.com.au

We’re looking forward to hearing from you!
Some Important band information!

Fees: Band is $15+GST for a weekly 1-hour session

When: Training band is TBA morning 8am-9am in the school hall. We will let you know shortly when the band session will be.

Private lessons:
As part of being in band, you will need to be having a weekly private lesson on your chosen instrument.

We have fantastic tutors that come to the school on a weekly basis to give private lesson on all band instruments. Lessons are held on the school grounds from 3-6pm, Monday-Friday. If you’d like for us to organise a lesson for you at school, please indicate that on our online enrolment form along with your preference of lesson day and time.

Lessons are $35+GST for a ½ hour individual lesson or $22+GST for a ½ hour paired lesson.

Students need to be having some form of private tuition to play in the Orange Grove band program. Paired lessons are subject to availability.

To enrol now please click on the link below and fill out our online form and we will email you back: http://musicpartnership.com.au/band-program-2015-enrolment-form/

You will need to hire or purchase your own instrument to play in the band. Visit our website and view our “Instruments Page” for more information about how to hire/purchase your instrument and for instrument resources. http://musicpartnership.com.au/instruments/

If you would like to speak with a member of our team, please email: info@musicpartnership.com.au
We’ll get back to you as quickly as we can.